# MARKHAM EAR, NOSE THROAT CLINIC



Dr. Bosco T. M. Lui, MD, MSc, FRCSC

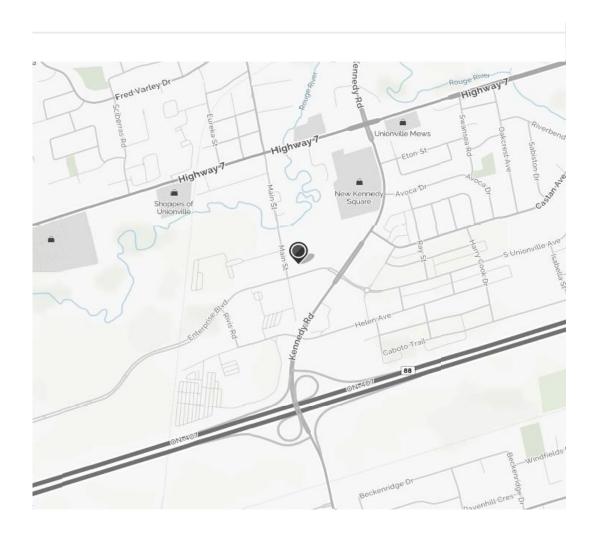
Tel: (289)-800-7128 Fax: (289)-800-9615

## **FINE NEEDLE ASPIRATION BIOPSY**

You have been scheduled for a Fine Needle Aspiration Biopsy at Unionville Diagnostics Imaging

Location: Unit 204, 10 Unionville Gate Markham ON, L3R 0W7

Phone: 905-479-3945



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## Fine Needle Aspiration (FNA) Clinic Patient Information Sheet

## **Special Instructions:**

# Please arrive 5 minutes before your procedure to register.

You do not need to physically prepare (e.g. Fasting) for this procedure. You should have your Ontario Health Card at your appointment. A consent form will also need to be signed at the clinic by yourself or legal guardian prior to the procedure. If you are on coumadin, heparin, aspirin or another blood thinner, notify us immediately. It may be necessary to stop your blood thinner for a few days before the procedure. If English or Cantonese is not your first language, please bring a translator

### **Cancellations:**

If you cannot keep your appointment or need to rebook for a later date, please give us 48 hours' notice or late cancellation fee of \$100 will apply.

## **Location and Parking:**

The Fine Needle Aspiration Clinic is located in the Unionville Diagnostic Imaging, **Unit 204 - 10 Unionville Gate, Markham.** Free parking available on site.

#### Procedure:

Once in the examination room, Dr. Lui will explain your procedure in detail and ask you to sign a consent form. Fine Needle Aspiration is routinely used to evaluate superficial lumps of the Thyroid, Head and Neck and any other easily accessible sites. The procedure involves sampling the lesion with a small calibre needle (less than the size used to draw blood for tests). Local anaesthetic is generally not used because the discomfort of the freezing is more than the test itself. Risks from the procedure are very small, generally limited to local bleeding (a bruise) and the small chance of local infection. The sample obtained is stored in a preservative solution to be processed and examined in the laboratory.

## After procedure:

No special precautions or restrictions are required following a fine needle aspiration biopsy. You may go about your normal activities. Remember, there is always a very small risk of bleeding, bruising or infection after the procedure. Should you develop any problems or concerns, please call Dr. Lui's clinic at 289-800-7128.

If you develop severe symptoms such as breathing difficulty following a thyroid biopsy, and you are unable to contact the clinic, it is best to go immediately to the Emergency Room.

#### **Test Results:**

The result of your procedure will be forwarded to the ordering physician usually within 2 weeks. We would encourage you to contact your physician to discuss the result after 2 weeks.

Please note: If your ordering physician is Dr. Lui, his office will contact you to inform you of the biopsy results or to arrange a follow up appointment.